**LHSC Pool Safety Rules**

* Welcome! Please check in with the lifeguard to introduce yourself.
* Young children must be closely supervised at all times. We strongly recommend using Red Cross approved flotation devices.
* Babies must wear swim diapers and be clothed on the pool deck and in the water.
* Children may be in the shallow end of the pool without an adult - as long as their feet can touch the bottom of the pool.
* Children must have an adult in the water with them in the middle to deeper end of the pool, unless they have passed **the Deep-water Test**.
* Children under 13 must be under the supervision of an adult - not the lifeguard.
* Children 13-17 may be at the pool without adult supervision ONLY if there is a lifeguard present.
* Limit the use of cellphones.

**For your safety, there is…**

* + No swimming during thunder or lightning, wait 30 minutes after thunder/lightning have stopped.
  + No diving!
  + No jack-knives or jumping into a tube
  + No running or rough play
  + No glass containers or food

Pool gates must be **locked** when the pool is unattended! The last person to leave the pool is responsible for locking **BOTH** gates.

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| *\*\*\*The lifeguard or designated adult supervisor has the full authority to enforce the rules.\*\*\** |

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| In an emergency, **call** **911**. There is a semi-automatic **defibrillator** located in the **casino** on the **wall closest to the pool**. Turn it on and follow the voice commands. |